



PRIMARY CARE OPTIONS



URGENT AND PRIMARY CARE CLINICS

<https://www.healthlinkbc.ca/health-services/urgent-and-primary-care-centres>

Urgent and Primary Care Centres provide a flexible resource to meet the urgent and primary health care need, primarily in large urban centres where a higher percentage of the population is unable to find or access a primary care provider or nurse practitioner.

- Esquimalt Urgent Primary Care Centre – Victoria
- Gorge Urgent Primary Care Centre – Victoria
- James Bay Urgent Primary Care Centre – Victoria
- Westshore Urgent Primary Care Centre – Langford
- North Quadra Urgent Primary Care Centre
- Downtown Victoria Urgent Primary Care Centre

West Coast Family Medical Clinic (Sooke)

<https://westcoastfamilymedical.com/>

WCFM Clinic recognizes that many residents of Sooke do not have access to a Primary Care Provider. West Coast Family Medical Clinic does provide limited, same-day access to a Primary Care Provider for local residents through their Urgent Care Clinic.

Nurse Practitioner Clinic – Health Care on Yates

<https://www.healthcareonyates.ca/>

Patients who live within the catchment area — Victoria, Vic West, James Bay, Oak Bay, Oaklands and Fairfield — can apply through the website.

HealthLinkBC

Contact HealthLink BC using the 8-1-1 toll-free number. You will be able to speak to a health service navigator who can provide you with information about finding a primary care provider in your community.

Pathways

<https://pathwaysmedicalcare.ca/>

Directory of physicians available for walk-in treatment or virtual care.

First Nations Virtual Doctor of the Day

<https://www.fnha.ca/what-we-do/ehealth/virtual-doctor-of-the-day>

First Nations people in BC with limited or no access to their own primary care provider (PCP) may make virtual appointments. If you do not have a Primary Care Provider of your own, call **1-855-344-3800** to book an appointment. Medical Office Assistants are available to help you seven days per week from **8:30 a.m. to 4:30 p.m.**



VIRTUAL HEALTH OPTIONS (BC CARE CARD REQUIRED)

Well Health Virtual Clinic

<https://virtualclinics.ca/>

TELUS Health

<https://www.telus.com/en/health/my-care>

Virtual care from your smart phone where and when it's convenient.



OTHER RESOURCES:

Tips from the BC College of Family Physicians

- Ask your family or friends to introduce you to their own primary care provider (PCP). Sometimes a PCP may take you on referral from an existing patient.
- If you are visiting another health care provider, such as a specialist, ask them if they know of any PCP's that are accepting patients.
- If you are visiting a health care provider at a walk-in clinic, ask them if they know of any PCP's that are accepting patients.

Health Connect Registry

If you live in British Columbia and need a family doctor or nurse practitioner, register for the Health Connect Registry: <https://www.healthlinkbc.ca/health-connect-registry>. If you wish to register in languages other than English, call 8-1-1. Translation services are available.